【 Day Camp 】			
Time	Activity Schedule		
9:00 a.m.	Check-in		
9:15	Ball games or Club house activities (Remarks 5/6)		
10:30-12:00	Sheung Yiu Folk Museum Or Visitor Centre tour (closed on Tuesdays)		
11:00 11:45 or 12:00	BBQ (11:00) Lunch Set/Regular Lunch (until 12:30)		
1:00-3:00	Recreational programmes		
3:30	Ball games or Club house activities (Remarks 5/6)		
4:00 p.m.	Check out		

【 Happy Hour Camp 】				
Time	Activity Schedule			
3:00 p.m.	Check-in			
3:15	Ball games or Club house activities (Remarks 5/6)			
4:00-5:00	Recreational programmes			
5:00 6:00 or 6:15	BBQ (5:00) Dinner Set/Regular Dinner			
8:00	Ball games or Club house activities (Remarks 5/6)			
9:30	Dessert Check out			
10:00 p.m.				

Re	marks:
1.	Recreational Programmes: Archery, cycling, roller skating, wall cl
	Chaung Vin Folk Museum Tour floor aurling and gate hell (quitable fo

- 1. **Recreational Programmes:** Archery, cycling, roller skating, wall climbing, children rope course, orienteering, Sheung Yiu Folk Museum Tour; floor curling and gate-ball (suitable for the elderly and disabled) (All programmes are supervised by qualified instructors and arranged by the Camp depending on number of campers and weather conditions) Campers must wear shoes covering toes and heels, and sports attire. Campers wearing sandals or flip-flops may not attend our activities.
- 2. **Swimming pool:** Opens from May to October. No snorkelling, diving or suntan oil in pool. All participants must wear swimsuits. Children under 12 years old or shorter than 1.1m must be accompanied by an adult.
- 3. **Environmental Education Programmes:** Eco-canoeing, Geo-conservation Field Trip, Marine Gallery, Mangrove Adventure, Pak Tam Chung Tree Walk and Little Creator. Website: http://plkptc.wishlatte.net (Chinese only)
- 4. Adventure Based Training: Challenge Rope Course and Adventure Training Programmes. (Please call the Camp Office at least 21 days in advance for training arrangement)
- 5. **Fee-charging activities:** Video games, art & craft. American pool, Mahjong and golf putting green must be rented by campers aged 18 or above.
- 6. **Ball games and board games:** Table tennis, badminton, basketball, football, Chinese billiard and board games can be borrowed for free after registration.
- 7. **Special Activities:** The Camp occasionally launch special activities such as canoe trip, paddle boating, zip line, giant swing, inflatable canoe, stand up paddle boarding, bungee trampoline, carnival games and eco-workshops. Campers have to buy tokens to participate. Please see our Facebook page for more details: https://facebook.com/plkptc
- 8. **Meals:** The Camp offers breakfast, lunch, dinner, barbeque and dessert for booking. Please book and pay meal fees one month in advance.
- 9. Venues: Function Rooms, Multi-purpose Halls, Amphitheatre and other venues are available for booking

【 Evening Camp 】				
Time	Activity Schedule			
2:00 p.m.	Check-in			
2:30 – 4:00 Choose from below: (Free of charge)				
Sheung Yiu Folk Museum Or Visitor Centre tour				
*2:30 - 4:00	20-50 people	51 people or above		
(Free of Charge)	(choose 3)	(choose 4)		
Mahjong (3 hours)	1 table	2 tables		
American Pool	1 hour	2 hours		
Golf Putting Green	1 hour	2 hours		
Eco-Craft	1 hour	2 hours		
Activity Room/Hall	1 hour	2 hours		
4:00 - 5:30	Recreational programmes			
5:00 or 6:15	BBQ or Special set dinner			
7:15	Dessert			
8:00	Ball games or Club house activities (Remarks 5/6)			
10:00 p.m.	Check Out			

\*The camp reserves all rights on altering any facility, activity or meal arrangement without prior notice\*

Website: https://www.poleungkuk.org.hk/service/campsites/po-leung-kuk-jockey-club-pak-tam-chung-holiday-camp